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THE PRODUCTIVITY ARGUMENT FOR INVESTING IN YOUNG CHILDREN

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The Productivity Argument for Investing in Young Children

ABSTRACT

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Executive Summary

1. Introduction

Education, perseverance and motivation are all major factors determining productivity, both in the workplace and beyond it. The family is a major producer of these skills, which are indispensable for successful students and workers. Unfortunately, many families have failed to perform this task well in recent years. This retards the growth in the quality of the labor force. Dysfunctional families are also a major determinant of child participation in crime and other costly pathological behaviors. On productivity grounds alone, it appears to make sound business sense to invest in young children from disadvantaged environments. An accumulating body of evidence suggests that early childhood interventions are much more effective than remedies that attempt to compensate for early neglect later in life. Enriched pre-kindergarten programs available to disadvantaged children on a voluntary basis, coupled with home visitation programs, have a strong track record of promoting achievement for disadvantaged children, improving their labor market outcomes and reducing involvement with crime. Such programs are likely to generate substantial savings to society and to promote higher economic growth by improving the skills of the workforce.

2. Human Capital and Economic Performance

Both the quality and quantity of the labor force are not keeping pace with the demands of the skill-based economy. The workforce is aging, and it will not grow in the near future as Baby Boom retirements put great stress on the fiscal system. Labor force quality, as proxied by

education, has stagnated and has already reduced American productivity growth. Moreover, the U.S. labor force skills are poor. Over 20% of US workers are functionally illiterate and innumerate. They are a drag on productivity and a source of costly social problems.

3. Crime

Criminal activity is a major burden for America, costing almost \$1.3 trillion per year and \$4,818 per person. Although crime rates have fallen recently, this decline came at a great price. A large fraction of our population is in prison and spending on the justice system is still growing. Enriched early childhood programs appear to reduce future crime, and in the long run they are the most effective way to reduce crime---far more effective per dollar than additional expenditures on police or incarceration.

4. Trends in Children's Home Environments and the Consequences of Adverse Environments

Fewer children are living with two parents who are married, and, until very recently, births to unmarried women have risen. These types of family structures are associated with reduced financial resources, less cognitive and emotional stimulation, and poor parenting. Single parent families also tend to have low levels of parental education and ability. Determining the relative importance of these factors is an ongoing debate, but there is no doubt that their cumulative effect on child outcomes is negative. Adverse childhood environments explain a substantial part of the problems of schools, skills and crime in American society. It is especially problematic that poor environments are more common in the minority populations on which America must depend for the growth in its future labor force. Until adverse family environments

are improved, one cannot rely on a growth in the skill of these groups to propel growth in workforce quality at the rate we have experienced in the past.

5. The Importance of Cognitive and Noncognitive Ability in Economic Life

Both cognitive and noncognitive abilities are important for leading productive lives. Families produce both types of abilities, and the foundation they establish raises the productivity of schools and employer job training. Gaps among income and race groups open up early and persist, and that conventional policies start too late to effectively remedy early deficits. Low abilities translate into higher levels of pathological behaviors in the adult years. The findings from the experimental literature on early interventions show that enriched environments can have a lasting impact on outcomes, while additional expenditures on public schools are not likely to have such impacts.

6. Evidence From Enriched Preschool Programs

Three of the best documented studies of interventions directed toward children in low-income families with long term follow-up find that participants experienced increased achievement test scores and high school graduation, and decreased grade retention, time in special education, crime and delinquency. The gains vary with quality and age at which the program is started, and there are important differences by the sex of the child. The estimated rate of return on one such program is 16%, much higher than any other type of program targeted at low-ability children that has been carefully evaluated. Not all families need interventions.

7. The Case for Early Intervention

Early environments play a large role in shaping later outcomes. Skill begets skill and learning begets more learning. Early advantages cumulate; so do early disadvantages. Later

remediation of early deficits is costly, and often prohibitively so, though later investments are also necessary since investments across time are complementary. Evidence on the technology of skill formation shows the importance of early investment. At current levels of public support, America under-invests in the early years of its disadvantaged children. Redirecting additional funds toward the early years, before the start of traditional schooling, is a sound investment in the productivity and safety of our society.

I. INTRODUCTION

This paper presents a case for investing more in young American children who grow up in disadvantaged environments. Figure 1 presents time series of alternative measures of disadvantaged families. The percentage of children born into or living in nontraditional families has increased tremendously in the last 30 years.^{1,2} The percentage of children living in poverty has fallen recently, as has the percentage of all children born into poor families, though this number is still high, especially among certain subgroups. The percentage of children born into single parent homes is now 25%. These environments place children at risk for failure in social and economic life. Many have commented on this phenomenon, and most analyses have cast the issue of assisting the children of these families as a question of fairness or social justice.

This paper makes a different argument. We argue that, on productivity grounds, it appears to make sound business sense to invest in young children from disadvantaged environments. Substantial evidence from economics, sociology and public policy studies suggests that children from disadvantaged families are more likely to commit crime, have out-of-wedlock births and drop out of school. Early interventions that partially remedy the effects of adverse early environments can reverse some of the damage done by disadvantaged families and have a high economic return relative to other policies. They will benefit not only the children themselves, but also their own children, as well as society at large.

While more rigorous analysis is necessary to obtain a better understanding of the effects of such programs, their precise channels of influence, and their precise benefits and costs, the existing evidence is promising. An accumulating body of evidence shows that early childhood interventions are more effective than interventions that come later in life. Remedying early

disadvantages at later ages is costly, and often prohibitively so. This is because of the dynamic nature of the human skill formation process. Skill begets skill; learning begets learning. Early disadvantage, if left untouched, leads to academic and social difficulties in later years.

Advantages accumulate; so do disadvantages. Another large body of evidence shows that post-school remediation programs like public job training, General Educational Development (GED) certification and the like cannot compensate for a childhood of neglect for most people.

Moreover, early investment is far more cost effective, in that it can achieve the same results, but at a lower cost.

This evidence has dramatic consequences for the way we think about policy toward skill formation. Much of the current policy directed towards improving the skills of youth focuses on schools as the locus of intervention. The No Child Left Behind Act uses mandates and punishments to encourage schools to remedy the educational deficits of disadvantaged children. School accountability schemes are used to motivate higher levels of achievement for children from disadvantaged environments.

While these initiatives are well intentioned, their premise is faulty. Schools work with what parents give them. Since the famous Coleman Report (1966) on inequality in school achievement, it has been known that the major factor explaining the variation in the academic performance of children across schools in the United States is the variation in parental environments---not the variation in per pupil expenditure across schools or pupil-teacher ratios. Successful schools build on the efforts of successful families. Failed schools deal in large part with children from dysfunctional families that do not provide the enriched home environments enjoyed by middle class and upper middle class children. Since failure in school is linked to so many social pathologies, each with substantial social and economic costs, a policy of equality of

opportunity in access to home environments (or their substitutes) is also a policy that promotes productivity in schools, the workplace and in society at large. In this case, equity promotes productivity.

Rigorous statistical analysis is not needed to show that parents and their resources matter, although there is a huge body of empirical evidence that supports this claim, as we document below. The issue that has stymied social policy is how to compensate for adverse family environments in the early years. One approach has been to reduce the material deprivation suffered by the poor with transfers from the state or charities, as in Lyndon Johnson's War on Poverty. Another approach has been to bolster the family with programs outside the home. Sometimes the child has been removed from the biological family for its benefits, as in the case of the American Indians in the early twentieth century. Policies that have removed children from homes have been catastrophically bad.³ An emerging body of evidence suggests that there is a better way to enrich the early years of disadvantaged children than removing them from their family entirely. Enriched preschool centers available to disadvantaged children on a voluntary basis coupled with home visitation programs have a strong track record of promoting achievement for disadvantaged children. The economic return to these programs is high, especially when we consider alternative policies that target children from disadvantaged environments or the policies targeted to the young adults who emerge from them. We review the evidence on these programs and suggest that some version of them be used to supplement the resources of disadvantaged families with children.

Our logic is simple and compelling. Education and human skill are major factors determining productivity, both in the workplace and in society at large. The family is a major producer of the skills and motivation required for producing successful students in schools and

workers in the market. The most effective policy for improving the performance of schools is supplementing the childrearing resources of the families sending children to the schools. The family is a major determinant of child participation in crime and social deviance. A family improvement policy is a successful anticrime policy.

Our emphasis on early childhood interventions does not deny the importance of schools or firms in producing human skill. Indeed, if the policies we recommend are adopted, schools will be more effective, firms will have better workers to employ and train, and the prison population will decline. At lower cost to society, bolstered families will produce better-educated students, more trained workers and better citizens.

This paper proceeds in the following way. We first discuss the problem of the supply of skills to the American economy. Growth in both the quantity and the quality of the labor force has traditionally been major sources of U.S. output growth. Given current trends, U.S. growth prospects are poor. Labor force growth is slowing down, especially for young and skilled workers who are the source of vitality for the entire economy. The composition of the future workforce will shift towards workers from relatively more dysfunctional families with commensurately worse skills. This slowdown in growth in both the quality and quantity of the workforce comes at exactly the time the crush of retiring Baby Boomers and their demands for the promises given to them by the Social Security System threatens to overwhelm the U.S. fiscal system. One solution to these problems is to increase immigration. A second avenue is to rely on outsourcing to replace missing American skilled workers. Neither solution is an attractive one. Our proposed solution is to raise the skills of American workers to accommodate social and demographic realities.

We then turn to a discussion of the problem of crime in America. Even though the crime rate has fallen in recent years, the levels and costs of crime are still very high. The damage to victims, the resources spent on preventing crime and on incarcerating criminals, and the foregone output of both groups are large. We know that dysfunctional families are major producers of criminals. Early intervention programs targeted towards disadvantaged families have a proven track record of reducing participation in crime. On purely economic grounds, the case for early childhood intervention is strong. It is made stronger because early interventions favorably affect other outcomes as well, and enhance the skills of the next generation.

After describing these two major social problems that impair the productivity of American society, we summarize trends in adverse child environments. By a variety of measures, relatively more children are being born into poor family environments than 50 years ago. We summarize a vast literature in social science that establishes that dysfunctional and disadvantaged families are major producers of cognitive and behavioral deficits that lead to adverse teenage and adult social and economic outcomes. The effects of disadvantage appear early and they accumulate. Remedying these disadvantages at later ages is costly. Human abilities affect lifetime performance and are shaped early in the life of the child. Early interventions promote cumulative improvements. Enriched interventions targeted towards children in disadvantaged environments are cost effective remedies for reducing crime and the factors that breed crime, and raising productivity in schools and in the workplace.

We then summarize the findings of the literature on the economics of child development that demonstrates the importance of both cognitive and noncognitive abilities in shaping child educational outcomes and economic outcomes. Both types of abilities are major determinants of the economic return to education.

Both cognitive and noncognitive abilities are shaped early in the life cycle and differences in abilities persist. Gaps in college attendance among American youth across various socioeconomic groups are largely shaped by abilities formed in the early years. Gaps in child ability across family income levels are associated with parental environments and parenting practices. Early interventions can partially remedy these deficits. Later interventions are much less effective. At current levels of investment, American society over-invests in public job training and formal education and under-invests in early education.

We summarize the evidence from a variety of early intervention programs targeted toward disadvantaged children and focus on three early interventions that follow participants into adulthood. Some of these interventions are evaluated by the method of random assignment. Early interventions reduce crimes, promote high school graduation and college attendance, reduce grade repetition and special education costs, and they help prevent teenage births. They raise achievement as measured by test scores. Very early interventions also appear to raise the intelligence quotient (IQ), especially for girls. Cost-benefit analyses of these programs show that they are cost effective. Estimated rates of return are 4% for participants and 12% for society at large, which is remarkably high compared to estimated returns to job training and formal schooling for disadvantaged children. The net gain from targeted programs is estimated to be high. The paper concludes with a summary of the argument and some specific policy recommendations.

II. HUMAN CAPITAL AND ECONOMIC PERFORMANCE

Education and skill are central to the performance of a modern economy. The emergence of new technologies associated with advances in computing has raised the demand for highly

skilled workers who are qualified to use them. Skill-biased technological change magnifies the demand for educated workers. A wage premium for skilled labor emerged in many countries in the early 80s,⁴ and wage inequality grew as the economic return to education (the economic benefit of attending school) rose, especially in countries like the US where the supply response to the increasing wage premium was weak. Not only did the wages of the skilled rise, but those with the least ability and education earn less today than comparable workers would have earned thirty years ago.

Workforce Trends

Table 1, taken from Ellwood (2001), highlights the problems facing the American labor market in the next two decades in a crisp way. The first column of the table presents the distribution of the American workforce among age and race-ethnicity categories in 1980. The second column shows the growth in the categories from 1980 to 2000 and the third column shows the labor force as of 2000. The fourth column shows the projected growth in the labor force in the next twenty years by category. Except for the numbers for immigrants, these are reliable projections because there is little emigration and the groups being projected are already alive. The immigration projections come from a carefully executed U.S. Census study. The labor force is aging and young replacements for old workers are increasingly in short supply compared to the 1980s.⁵ The aging of the American workforce raises serious problems for the future of American productivity growth.

The workforce of prime-age workers, fueled by the entry of Baby Boomers, propelled U.S. economic growth in the period 1980--2000. However, we cannot count on this source of growth in the next twenty years. Indeed, the largest components of growth in the workforce will

come from older workers as the Baby Boom cohort ages. A major source of vitality in the U.S. workforce will be lost. Future workforce growth will come from older workers and from demographic groups in which, for a variety of reasons, dysfunctional and disadvantaged families are more prevalent (See the middle rows of the table 1 and the discussion in Section IV, below).

On top of these trends in the number of workers by age, there is stagnation in educational attendance rates. Figure 2 shows the distribution of educational attainment among 30-year-olds by year. College-going rates have stalled out for cohorts of Americans born after 1950. This is not a consequence of immigration of unskilled workers. It is a phenomenon found among native-born Americans. Currently, 17% of all new high school credentials issued are to GEDs.⁶ Heckman (2004) documents that the high school dropout rate has increased over time if one counts GEDs as dropouts. This is appropriate because GEDs earn the same wages as dropouts.

The growth in the quality of the workforce, which was a mainstay of economic growth until recently, has diminished. Assuming that these trends continue, the U.S. economy will add many fewer educated persons to the workforce in the next two decades than it did in the past two decades (see table 2). Jorgenson, Ho and Stiroh (2003) estimate that the average annual rate of growth of college labor supply was 4.5% in 1977, but fell to 1.75% in 1990--2000. These trends are predicted to continue, or possibly worsen.

The slowdown in labor force quality growth has already hurt American productivity growth. De Long, Goldin and Katz (2003) estimate that increases in educational attainment boosted the effective quality of the workforce by 0.5% a year over the period 1915--2000, and thus contributed an average of 0.35 percentage points per year to economic growth over the period.⁷ The slower growth in educational attainment of the workforce substantially reduced productivity growth compared to that experienced in the 1915--1980 era. Based on current

trends, these authors project that the annual rate of productivity growth attributable to education--0.35 from 1980 through 2000---will decline by half or more (to between 0.06 and 0.17 percent) in the next two decades. This will reduce the productivity growth of labor by a substantial 0.18--0.29 percentage points per year and will be a drag on real wage growth and on fiscal revenues.

Literacy and Numeracy

The skills of the U.S. labor force are poor. The U.S. has a thick lower tail of essentially illiterate and innumerate persons, who are a drag on productivity and a source of social and economic problems. We use data from the International Adult Literacy Survey (IALS) to examine literacy and numeracy of adults of working age (16-65 years).⁸ Document literacy is defined as the ability to locate and use information from timetables, graphs, charts and forms. We present data on document literacy in Figure 3. Tests for prose literacy and quantitative literacy produce the same pattern.⁹

Level 1 performance is essentially functional illiteracy or innumeracy: it represents the inability to determine the correct amount of medicine from information on the package. People who perform at Level 1 can make limited use of texts that are simple and uncomplicated. They are only able to locate information in text or data as long as there is no distracting information around the correct answer. On the quantitative scale they can only carry out relatively straightforward operations such as simple addition. Roughly 20% of U.S. workers fall into this category on each test: a much higher fraction than in some of the leading European countries. This is a major drag on U.S. competitiveness¹⁰ and a source of social problems.

III. CRIME

Crime is a major burden for American society. Anderson (1999) estimates that the net cost of crime (after factoring out transfers) is over \$1.3 trillion per year in 2004 dollars. The per capita cost is \$4,818 per person, in the same dollars. We break down this total in table 3. This figure includes crime-induced production (production of personal protection devices, trafficking of drugs and operation of correctional facilities) which costs \$464 billion per year, opportunity costs (production foregone by incarcerated offenders, valued at their estimated wage, time spent locking and installing locks, and so forth) of \$152 billion per year, the value of risks to life and health (pain, suffering and mental distress associated with health losses). This includes time lost from work by victims as well as value of life lost to murders. This component is \$672 billion and is the most controversial item on the list. Yet even ignoring any transfer component, or any risks to life and health, the cost of crime is over 600 billion dollars per year. Although this kind of calculation is necessarily imprecise and there is disagreement over the exact costs, there is widespread agreement that the costs of crime are substantial.

Even though crime rates have recently declined somewhat, their levels remain high (see figure 4a). The adult correctional populations (in prison or local jail, on probation or on parole) continue to grow despite the drop in measured crime rates (see figure 4b). The size of the population under correctional supervision has continued to grow for all groups (see figure A4a), as has the percentage of each group under supervision (see figure A4b). Nine percent of blacks were under supervision of the criminal justice system in some form in 1997, although recently this adverse trend has slowed (see figure A4b). Incarceration rates have risen steadily since 1980 and only slowed in the late 1990s. The inmate population has risen steadily until recently (see

figure A4c). Expenditures on prisons, police and the judicial system continue to grow despite the drop in measured crime rates (see figure 4c).

These statistics do not convey the full scope of the problem. According to the Bureau of Justice Statistics (2004), as of the end of 2001, there were an estimated 5.6 million adults who had ever served time in State or Federal prison: 4.3 million former prisoners and 1.3 million adults in prison. Nearly a third of former prisoners were still under correctional supervision, including 731,000 on parole, 437,000 on probation, and 166,000 in local jails. In 2001, an estimated 2.7% of adults in the U.S. had served time in prison, up from 1.8% in 1991 and 1.3% in 1974. The prevalence of imprisonment in 2001 was higher for Black males (16.6%) and Hispanic males (7.7%) than for White males (2.6%). It was also higher for Black females (1.7%) and Hispanic females (0.7%) than White females (0.3%). Nearly two-thirds of the 3.8 million increase in the number of adults ever incarcerated between 1974 and 2001 occurred as a result of an increase in first incarceration rates; one-third occurred as a result of an increase in the number of residents age 18 and older. If recent incarceration rates remain unchanged, it is estimated that one of every 15 persons (6.6%) will serve time in a prison during his or her lifetime.

The lifetime chances of a person going to prison are higher for men (11.3%) than for women (1.8%), and for Blacks (18.6%) and Hispanics (10%) than for Whites (3.4%). Based on current rates of first incarceration, an estimated 32% of black males will enter state or federal prison during their lifetime, compared to 17% of Hispanic males and 5.9% of White males.

What can we do about this problem? One of the best-established empirical regularities in economics is that education reduces crime. Figure 5, from Lochner and Moretti (2004), displays this relationship, reported separately for blacks and whites. Completing high school is a major crime prevention strategy. Poorly educated persons are much more likely to commit crimes than

are better-educated persons. Other risk factors promoting crime include poor family backgrounds, which also promote dropping out. Poorly educated teenage mothers in low-income families are much more likely to produce children who participate in crime (see table A1). We discuss the evidence on the impacts of family background on child participation in crime in the next section. Although analysts do not agree on which specific aspects of adverse family environments most affect crime, they all agree that there is a strong empirical relationship between early adverse environments and child participation in crime later on in life.

Some of the most convincing estimates of the impact of adverse early environments on participation in crime come from interventions designed to remedy those environments. Table 4 presents a summary of the impacts of a variety of early childhood intervention programs on participation in crime. We discuss some of these programs in much greater detail in Section VI. Here we summarize some findings relevant to crime.

Many of these programs were evaluated by the method of random assignment. Children from disadvantaged populations were randomly assigned, at early ages, to the enriched child development programs described in the third column of the table. Most interventions were for children in the pre-kindergarten years. Both the experimental treatment group and the controls were followed over time, often for many years after the intervention. The Perry Preschool program, which we discuss in Section VI, followed the intervention and control children for more than 30 years after the intervention. For instance, the Perry students averaged significantly fewer lifetime arrests than the comparison group, including arrests for dealing and producing drugs. This effect was especially pronounced for males. The Abecedarian program appears to be anomalous. It was administered to a population in a low crime region in the rural South. Most studies show dramatic reductions in criminality and participation in the criminal justice system

for treatment group members. Enriched environments reduce crime. Impoverished environments promote crime.

Lochner and Moretti (2004) present convincing non-experimental evidence that increasing educational attainment levels reduces crime and that the inverse relationship between crime and education in Figure 5 is not a correlational artifact arising from unobserved variables that are common to both crime and education. Using Census data, they show that one more year of schooling reduces the probability of incarceration by 0.37 percentage points for blacks, and 0.1 for whites.¹¹ To put this evidence in perspective, 23% of the black-white difference in average incarceration rates can be explained by the differences in education between these groups. Using the FBI's Uniform Crime Reports, they find that the greatest impacts of education are associated with reducing arrests for murder, assault, and motor vehicle theft.

Lochner and Moretti also calculate the social savings from crime reduction associated with completing secondary education. They show that a 1% increase in the high school graduation rate would yield \$1.8 billion dollars in social benefits in 2004 dollars. This increase would reduce the number of crimes by more than 94,000 in each year (see Table 5). The social benefits include reduced losses in productivity and wages, lower medical costs, and smaller quality-of-life reductions stemming from crime.¹² They also include reductions in costs of incarceration.¹³ An increase in male high school graduation rates of this magnitude yields a net social benefit of about \$1,638-2,967 per additional graduate (in 2004 dollars).

High school graduation confers an extra benefit of 14-26% beyond private returns captured by the high school graduate wages that are pocketed by graduates. This is an important externality that suggests overall under-investment in the population of disadvantaged children at risk for committing crime. Since completing high school raises a student's wages by about

\$10,372 per year (in 2004 dollars), and the direct cost of completing one year of secondary school is approximately \$8,000 per student in 1997 (in 2004 dollars), expenditure on schooling is cost-effective. Looking only at the savings from reduced crime, the return is \$1,638-\$2,967 per year, so that expenditure is cost effective even if we ignore the direct benefits in earnings and even if we assume that the benefits decline as the youths grow older.

Moreover, comparing the effect of educational expenditure with the effect of hiring an additional police officer suggests that promoting education may be a better strategy. Using a somewhat different framework, Levitt (1997) reports that an additional sworn police officer in a large US city would reduce annual costs from crime by about \$200,000 dollars at a public cost of \$80,000 per year. These are recurrent annual costs.

Lochner and Moretti (2004) estimate that in steady state it would cost \$15,000 per year in terms of direct costs to produce enough high school graduates to reduce crime by the same amount. This cost ignores foregone earnings in high school but it also ignores all of the large benefits from high school graduation documented in Heckman, Lochner and Todd (2003). Educational policy is far more effective per dollar spent than expenditure on police.^{14,15}

IV. TRENDS IN CHILDREN'S HOME ENVIRONMENTS AND THE CONSEQUENCES OF ADVERSE ENVIRONMENTS

Demographers and economists have documented that over the past forty years the aggregate birth rate has declined, but relatively more of all American children born are born into adverse environments. The definition of adversity varies among studies, but the measures used are strongly interrelated. Most scholars recognize that absence of a father, low levels of financial resources, low levels of parental education and ability, a lack of cognitive and emotional

stimulation, and poor parenting skills are characteristics of adverse environments. Determining the relative importance of these factors is an ongoing debate. Each seems to play a factor in affecting child outcomes.

Family Structure

Fewer children are living with two parents who are married. In 2003, 68% of children under 18 lived with two married parents, down from 77% in 1980 (see figure A5a). This percentage has remained stable since 1995, after trending downward for many years. The percentage of children who live with only one parent, or in a home where the parents are not married, increased by 8% since 1980 to reach 28%. The percentage of children who live with no parents has remained roughly constant around 3-4% during this period. The source of single parenthood has also changed over time. Relatively more children are living with a single parent who has never been married (see figure 6a).

The aggregate trends conceal a great deal of variation across demographic groups. In 2003, 77% of non-Hispanic White children lived with two married parents, while 20% lived with only one parent or with unmarried parents. The corresponding percentages for Blacks were 36% and 56%. For Hispanics, it was 65% and 31%.¹⁶ Among Blacks, the percentage of children living with a never-married parent has increased dramatically over time (see figure A5b).

Non-Marital Childbearing

Since the 1965 “Moynihan Report” (U.S. Department of Labor, 1965), many analysts have focused on family structure---the absence of a parent and the attendant decline in financial,

emotional and cognitive resources---as an important source of social problems.¹⁷ Over time, while the birth rate has fallen, births to unmarried women have risen until very recently.

After rising dramatically since 1940, out-of-wedlock childbearing leveled off in the 1990s but remains at a very high level.¹⁸ The number of births to unmarried women increased from 1.17 to 1.3 million between 1990 and 1999. The birthrate for unmarried women increased from 43.8 births per 1,000 unmarried women aged 15-44 years in 1990 to 46.9 in 1994, before falling back somewhat to 43.9 in 1999.¹⁹ The percentage of all births to unmarried women has risen from 28% in 1990 to 33% in 1999, though it has been roughly constant at 32-33% since 1994. To put these numbers in perspective, in 1940, this number was 3.8%.

The birth rate for unmarried Black women has been higher than that of White unmarried women (including Hispanic women), but this gap has narrowed in recent years because this rate has grown at a quicker pace for unmarried White women (see Figure A5d). In 1970, the rate for unmarried Black women was roughly seven times the rate for unmarried White women---96 per 1,000 versus 14 per 1,000. By 1998, the gap shrunk by 70%; it became 73 versus 38 per 1,000.

Unfortunately, the birthrate for unmarried Hispanic women is only available for the 1990s, but it is the highest among the three demographic groups. In 1990, the birthrate for unmarried Hispanic women was 89.6 per 1,000, peaked at 101.2 per 1,000, and fell to 90.1 per 1,000 in 1998.²⁰

The same trend holds for the percentage of births to unmarried mothers within each race (see figure A5e). In 1969, 5.5% of white children were born to unmarried mothers. The corresponding percentage for blacks was 34.9%. By 1999, these numbers were 26.7% and 68.8%, respectively. The percentage for Hispanics in 1999 was 42.1% versus 36.7% in 1990.

Until recently, unmarried births have been increasing overall, although the percentage due to minority mothers has stabilized (see figure A5f).

Single parenthood is much more prevalent for high school dropouts (see figure 6b and the discussion in Ellwood and Jencks, 2002). Although the media has focused on celebrities who choose single parenthood, the bulk of the single mothers have high school education or less and the majority of this group consists of high school dropouts (see figure 6c). The incidence of divorce is greater for this group as well (see figure A5g). The percentage of children born to unmarried teenagers has trended up dramatically over the past fifty years. Close to 10% of all children were born to unmarried teenage mothers in 2000 (see figure 6d).

A constellation of pathologies is associated with less educated mothers and teenage mothers. They are less likely to marry when they have children and they are more likely to divorce. Their IQs are low (see Armor, 2003), family incomes are low, and the emotional and intellectual support accorded children is low. Figures 7a-b show that younger mothers provide less emotional and cognitive stimulation for their children, as do mothers with less schooling (figures 7c-d). While the debate is not settled as to which features of adverse family environments are most harmful to the success of children, there is uniform agreement that poor environments adversely affect child outcomes.

Other studies have shown the same suggestive pattern. Mayer (1997) analyzed child outcomes classified by a long run measure of parental income.²¹ Low family income is associated with single parenthood, divorce, low education, and low parental IQ. Child test scores are higher for children from higher income families. Teenage pregnancy and high school dropout rates are strongly negatively correlated with family income. Young adult education, earnings, wage rates and participation in social pathologies are much greater for children from poor

families. Mayer does not isolate which factors in the constellation of poverty are the main causes of poor child outcomes; but the constellation has a clear association with adverse child outcomes.

McLanahan and Sandefur (1994) focus on another aspect of the constellation of childhood disadvantage: one-parent vs. two-parent families. For a variety of data sets, and controlling for parental education, and family size, they show that attrition from high school is higher (see table A3a), while test scores and school expectations are lower for children from one parent families (see table A3b); that college enrollment is lower (see table A3c); that labor force and school withdrawal is greater for disadvantaged children (see table A3d) and that teenage pregnancy is greater (see Table A3e). Ginther and Pollak (2004) extend their analysis to note that the real dichotomy is that between children living with both biological parents vs. other family structures. Being raised in an intact, two-parent family benefits child outcomes, relative to other family studies.

Armor (2003) presents evidence on a variety of home environmental factors and uses test scores of children as the outcomes for his analysis. Test scores, taken at early ages, predict schooling and many other outcomes (see Cameron and Heckman, 2001). He shows the gap in IQ and knowledge of math between children of teenage mothers and children of older mothers (see table A4a). The gaps are 20 points when he does not control for maternal IQ and are smaller but still important when he controls for parental IQ (six points higher IQ leads a person to complete two more years of school). His book demonstrates the importance of parental IQ as well as the additional negative effect of teenage pregnancy on child outcomes.

Armor studies the effects of cognitive stimulation on child IQ and math scores (see table A4b). He goes part way toward pulling apart effects of the constellation of factors characterizing adverse environments. Armor studies the effects of various environmental factors on the IQ and

math achievement of children (see table A4c). Mothers' IQ plays an important role but even controlling for that effect, family environmental factors play a substantial role in raising child test scores. Controlling for maternal IQ, never-wed mothers who provide above average cognitive stimulation to their children can largely offset the circumstance of single parenthood in terms of their child's cognitive outcomes. This evidence is consistent with a large body of research reported in the National Research Council Report *Neurons to Neighborhoods* (Shonkoff and Phillips, 2000) and in Carneiro, Heckman and Masterov (2005).

The growth of adverse childhood environments explains a substantial part of the problems of schools, skills and crime in American society. It is especially problematic that poor environments are more common in the minority populations on which America must depend for the growth in its labor force (recall the data in Table 1). Unless these environments are improved, one cannot rely on a growth in the skill of these groups to propel growth in workforce quality at the rate we have experienced in the past.

V. THE IMPORTANCE OF COGNITIVE AND NONCOGNITIVE ABILITY IN ECONOMIC LIFE

A large literature has established the importance of both cognitive and noncognitive ability in social and economic life. Basic intelligence, acquired skills, social skills and self control and persistence matter for success in life (see Heckman, Stixrud and Urzua, 2005 for recent evidence). The full implications of this body of evidence have not yet made their way into the design of economic and social policy. To take one example, Cameron and Heckman (1999, 2001) document that substantial gaps in the college-going rates of different racial and ethnic groups, which are nominally due to gaps in parental family income in the college-going years,

are actually due to ability differences---that is, child college readiness. Adjusting for ability, family income and tuition play only minor roles in accounting for disparity in college attendance rates. This evidence explains why so many poor or disadvantaged children fail to utilize the programs that subsidize the college tuitions of the disadvantaged.

In the next section, we show that the ability gaps that explain college attendance gaps open up early, before schooling begins. A school-based policy for eliminating these gaps is less effective. Ability formed in the early years is also important in explaining crime, teenage pregnancy and a variety of social pathologies. Figure 8a shows that women with low cognitive ability are more likely to bear children when they are young. Figure 8b shows that low cognitive ability is associated with a higher probability of incarceration. Ability also affects the economic return to each year of schooling. Figures 8c-d show that mothers with low cognitive ability provide less cognitive and emotional stimulation for their children. Finally, Carneiro and Heckman (2003) show that the economic returns to one year of college for people of different ability (see table A5). Those at the bottom 5% of the ability distribution get half of the return to education of those at the top 5% of the ability distribution. Ability also affects wages independent of schooling, as shown in Carneiro, Heckman and Masterov (2005).

Heckman, Stixrud and Urzua (2005) analyze the changes in the probability of various outcomes that are brought about by altering cognitive or noncognitive ability, holding the other constant. From Figure 9a, taken from their study, it is clear that both cognitive and noncognitive skills are associated with lower rates of attrition from high school. For many outcome measures, increasing noncognitive ability by the same percentile has a higher effect on outcomes than cognitive ability.

Increasing noncognitive ability to the highest level reduces the probability of being a high school dropout to virtually zero for females with average cognitive ability.²² The same argument holds for other behavioral outcomes. Both types of ability have the same effect on reducing the likelihood of spending time in jail by age 30 (see figure 9b). Figure 9c shows the same effect for smoking. Again, we see the same large effect for females of increasing noncognitive ability. Figure 9d show this for pregnancy outcomes. For this outcome, noncognitive ability seems to be more important than cognitive components.²³

Human Ability and Its Determinants

The recent synthesis of neuroscience and social science has produced a much deeper understanding of the processes by which skills are formed over the life cycle although much remains to be known (see Shonkoff and Phillips, 2000 and Cunha and Heckman, 2003, revised 2004). The social science literature establishes that both cognitive and noncognitive abilities affect schooling attainment, participation in welfare, teenage pregnancy and crime (see Heckman, Stixrud and Urzua, 2005, for a comprehensive analysis). More able and engaged parents produce better children.

The recent literature distinguishes between IQ and achievement tests. IQ captures the intuitive notion of intellectual capacity. Achievement tests capture knowledge in specific areas. IQ spurs achievement. At the same time, persons more motivated to learn and more persistent, and those who plan ahead---important aspects of noncognitive skills---also score higher on achievement tests at the same level of IQ. Families produce both cognitive and noncognitive skills, and both matter for the social and economic success of the child. Gaps among income and race groups open up early and persist.

Figure 10a presents the average percentile ranks on a math test administered at ages 6, 8, 10 and 12 for children from different income groups. The test measures a composite of raw IQ and achievement.²⁴ Gaps in ranks by family income are substantial overall. Figure 10b shows that these differentials are greatly reduced when the scores are adjusted by mother's IQ, education, and intact family status. Similar adjustments appear when the mother's status is controlled for, and when other test scores are used. Enriched environments produce higher ability children.²⁵

Figures 11a-b present parallel analyses for noncognitive skills. A high value of an antisocial score stands for a range of behavioral problems. High scores are associated with low-income environments; low scores with high-income environments. Again, gaps open up early among income groups, and again, gaps can largely be eliminated by accounting for the quality of the early environments facing the child.²⁶ A large body of literature, surveyed in Carneiro and Heckman (2003), demonstrates that skill gaps open up early, before schooling begins, and that these gaps are major determinants of social and economic success. The strong association between family characteristics and child performance measured by cognitive and noncognitive skills also demonstrates the value of a strategy targeted toward disadvantaged families.

Implications of the Evidence on Ability for Skill Formation Policy

The policy implications of the emerging body of evidence on the technology of human skill formation are enormous. Conventional school-based policies start too late to effectively remedy early deficits although they can do some good. The best way to improve the schools is to improve the early environments of the children sent to them.

At current levels of funding, incremental expenditures on schooling quality are unlikely to be effective. Table 6 is based on estimates of the effect of schooling on earnings from a paper by Card and Krueger (1992) that greatly influenced the recent California efforts to reduce class size. It shows the discounted economic returns (i.e., effects on discounted lifetime income) to decreasing pupil-teacher ratios by five but keeping the quality of students the same. Reducing pupil-teacher ratios is frequently advocated to raise the performance of schools. Taking the most favorable estimates reported by these advocates of schooling programs produces a net negative return, even if the social cost of taxation used to fund schooling is ignored and optimistic estimates of aggregate productivity growth are used. The money spent on reducing class size would be better spent on giving children a savings account.

The celebrated Tennessee Star experiment produces, at best, marginal gains to participants that do not survive a rigorous cost benefit analysis (see the discussions in Hanushek, 2003, and Krueger, 2003). The widely discussed policy of improving the schools by reducing pupil-teacher ratios is unlikely to have substantial benefits unless the quality of the input going to school is improved (see Carneiro and Heckman, 2003). The recent California initiative to reduce pupil-teacher ratios ended in widely acknowledged failure (Stecher and Bohrnstedt, 2000). The importance of family to the success in schools has been known since the Coleman Report (1966), but this wisdom has not yet found its way into policy.

Tuition and family income support for families of children in the college-going years are often proposed. The basis for this policy recommendation is the empirical regularity that child college going rates are inversely related to family income in the college-going years. This empirical association is treated as a causal relationship on which policy should be founded. Politicians around the world campaign on this issue. The recent literature, surveyed in Carneiro

and Heckman (2002, 2003), documents that at most 8% of American children are income constrained in the college going years. While a policy targeted to the cash-constrained has a high economic return, it will not go far in promoting college attendance or reducing schooling among racial and ethnic groups.

As Carneiro and Heckman (2003) and Cunha and Heckman (2004) document, the real credit constraint facing children is not the lack of access to funds for tuition and room and board in the college-going years. Rather, it is the inability of children to borrow against future income to buy a parental environment that will allow them to fulfill their potentials.

The empirical regularity that drives policy discussions has been misinterpreted. The widely discussed correlation between parental income in the child's college-going years and child college participation arises only because it is lifetime resources that affect college readiness and college-going, and family lifetime resources are strongly positively related to family resources available to the adolescent in the college-going years.

Government job training programs and GED programs are second chance efforts designed to remedy the deficits caused by early childhood and schooling neglect. The GED program does not confer benefits to very many of its participants (Heckman, 2004). Job training programs targeted at the disadvantaged do not produce high rates of return and fail to lift participants out of poverty (See the evidence in Heckman, LaLonde and Smith, 1999, and in Martin and Grubb, 2001). At current levels of funding, these programs are largely ineffective and cannot remedy the skill deficits accumulated over a lifetime of neglect.

Cunha and Heckman (2003, revised 2004) formalize the technology of human skill formation by families and estimate empirical models of dynamic skill formation. They show that

investments in children are complementary and that early investments improve the return on later investments. The self productivity of early investment warrants more investment in the young.

Their analysis shows that the highest returns to a dollar of investment are to the young. Early skills breed later skills because learning begets learning. Both on theoretical and empirical grounds, at current levels of funding, investment in the young is warranted. Returns are highest for investments made at younger ages and remedial investments are often prohibitively costly. Figure 12 summarizes their model and the findings of an entire literature. Returns are highest for investments made at young ages. The optimal investment profile declines with age.

This literature does not suggest that no investments should be made in schooling or post-school on-the-job training. They are major sources of skill formation. Indeed the complementarity or synergism between investments at early ages and investments at later ages suggests that early investment has to be complemented by later investment to be successful. The research of Currie and Thomas (2000) suggests that unless early investment is followed up by later investment, the effects of the early investment will be dissipated. If early investments are made, the returns to later investments will rise. Investment in the preschool years raises the productivity of schooling and post-school job training.

However, the self-productivity of investment suggests that an optimal investment should be relatively greater in the early years compared to the later years. Carneiro and Heckman (2003) argue as an empirical proposition in the U.S. that there is currently under-investment in the young, especially in disadvantaged populations.²⁷

Two matters of concern arise in using this evidence to guide policy. First, it is associational or correlational. It establishes empirical relationships that may or may not be

causal. Second, while family factors matter, it is far from obvious how to improve families. We cannot easily raise the education of parents, nor can we improve their IQs.

The evidence presented in Armor (2003), in Figures 10-11, and in the other studies reviewed here suggest that early investment is productive. But traditionally, the early years of the life of a child are the exclusive province of the family. How to enrich the family and at the same time preserve the benefits of parents? An accumulating body of evidence on voluntary interventions points the way. We now turn to a review of the evidence on the benefits of these voluntary interventions.

In the past 40 years, many major voluntary interventions have been devised to improve the early years of children by supplementing the resources of disadvantaged families. These family supplements do not actively intrude on family life, yet they enrich the early years of the child.

Some of these interventions have been implemented using random assignment. Packages of enriched environments are randomly assigned to children in disadvantaged environments, while children in comparable families are randomly denied access to the enriched treatment. Randomization allows analysts to be more confident that the empirical associations produced by the interventions are causal. The findings from this experimental literature bolster the evidence from the associational literature that we have just discussed.

VI. EVIDENCE FROM ENRICHED PRESCHOOL PROGRAMS

Currie (2001) and Currie and Blau (2005) present comprehensive surveys of numerous preschool programs and their measured effects.²⁸ The programs they analyze vary, both in terms of age of enrollment and age of exit. The effects, however, are generally consistent, although in

some cases only weak effects are found. Generally, performance of children in school is improved by less grade repetition, more graduation and higher test scores. Unfortunately, many of these programs are not evaluated by following children into late adolescence or adulthood and looking at their outcomes.

Three programs have long-term follow-ups, and we focus on them here. They all target high-risk children from disadvantaged families. The first of these programs is the Chicago Child-Parent Centers (CPC), a half-day program on a large scale in the Chicago public schools. It is evaluated by a non-experimental method (matching) and has a sample of about 1,500 children. The Abecedarian program, the second we consider, is a full-day, year-round educational child care program in Chapel Hill, NC. It was evaluated by randomization and has 111 participants. Students are followed to age 21. Finally, the High/Scope Perry Preschool is a half-day program on a small scale in the Ypsilanti, MI public schools. It too is an experiment. Sample size is 123, and follow-up is to age 27. All three programs had some sort of parental involvement component.

The programs differ by duration and child age of entry. Abecedarian started with young children in the first months of life. Perry and the CPC program start with older children, three or four-five years old. The programs differ in intensity (see table A8). It is also important to point out that the comparison made in all of the studies is between children with enriched preschool environments and children with ordinary early environments, some of whom may attend preschool and kindergarten, albeit of the less intense variety.²⁹

Program Descriptions

Perry Preschool Experiment. The Perry preschool experiment was an intensive preschool program that was administered to 64 randomly selected black children who were enrolled in the

program over five different waves between 1962 and 1967. All the children came from Ypsilanti, MI. A control group of the same size provides researchers with an appropriate benchmark to evaluate the effects of the preschool program.

The experimental group assignment was performed in the following way. Candidate families were identified from a census of the families of the students attending the Perry school at the date of operation of the paper, neighborhood group referrals and door to door canvassing. Poor children who scored between 75 and 85 on the standard Stanford-Binet IQ test were randomly divided into two undesignated groups.³⁰ The children were then transferred across groups to equalize the socioeconomic status, cognitive ability (as measured by the IQ test) and gender composition of the samples. Finally, a coin was tossed to determine which group received the treatment and which did not. Initially the treatment and control groups included 64 children each, but the actual treatment and control groups contained 58 and 65 children, respectively.³¹

Children entered the Perry School in five waves, starting with wave zero (of four-year-olds) and wave one (of three-year-olds) in 1962, then waves two, three and four (of three-year-olds) entered in each subsequent year through 1965. The average age at entry was 42.3 months. With the exception of wave zero, treatment children spent two years attending the program. In the final year of the program, 11 three-year-olds who were not included in the data attended the program with the 12 four-year-olds who were. About half of the children were living with two parents. The average mother was 29 years old and completed 9.4 years of school.

The treatment consisted of a daily two-and-a-half-hour classroom session on weekday mornings and a weekly 90-minute home visit by the teacher on weekday afternoons to involve the mother in the educational process. The length of each preschool year was 30 weeks, beginning in mid-October and ending in May. Ten female teachers filled the four teaching

positions over the course of the study, resulting in the average child-teacher ratio of 5.7 for the duration of the program.³² All teachers were certified to teach in elementary, early childhood or special education.³³ If it were administered today, the Perry preschool program would cost approximately \$9,785 per participant per year in 2004 dollars.

Abecedarian Project. The Abecedarian Project recruited 111 children born between 1972 and 1977 whose 109 families scored high on the High Risk Index.³⁴ It enrolls and intervenes on children beginning a few months after birth. Enrollment is based on the characteristics of the families more than on the characteristics of the children, as in the Perry program. Virtually all of the children were Black, and their parents had low levels of education, income, cognitive ability and high levels of pathological behavior. The children were screened for mental retardation. 76% of the children lived in a single parent or multigenerational household. The average mother in this group was less than 20 years old, completed 10 years of schooling and had an IQ of 85. There were four cohorts of about 28 students each. By the time they were six weeks old, the children were assigned randomly to either a preschool intervention or a control group. The mean age of entry was 4.4 months. At age five---just as they were about to enter kindergarten---all of the children were reassigned to either a school age intervention through age eight or to a control group. This yielded four groups: children who experienced no intervention at all, those who experienced an intervention when they were young, those who experienced it when they were older, and finally those who enjoyed a high-quality intervention throughout their whole childhood. The children were followed up until age 21.

The Abecedarian intervention was more intensive than the Perry one. The preschool program was a year-round, full-day intervention. The initial infant-to-teacher ratio was three to

one, though it grew to a child-to-teacher ratio of six to one as the kids progressed through the program. Infants in the control group received an iron-fortified formula for 15 months and diapers as needed to create an incentive for participation. Many of the control children were enrolled in preschool and/or kindergarten.

During the first three primary school years, a home-school teacher would meet with the parents and help them in providing supplemental educational activities at home. The teacher provided an individually-tailored curriculum for each child. The target set for the parents was at least 15 minutes per day of supplementary activities. This home-school teacher would also serve as a liaison between the ordinary teachers and the family, and she would interact with the parents and the teachers about every two weeks. She would also help the family deal other issues that might improve their ability to care for the child, such as finding employment, navigating the bureaucracy of social services agencies, and transporting children to appointments. Data were collected regularly up to age 21.

Chicago Child-Parent Center and Expansion Program. The Chicago Child-Parent Center was not evaluated by the method of random assignment but by matching treated children to comparable nontreated children on the basis of on age, eligibility for intervention, and family socioeconomic status. It was started in 1967 in 11 public schools serving impoverished neighborhoods of Chicago. Using federal funds, the center provided half-day preschool program for three- and four-year-olds during the nine months that they were in school. The program provided an array of services, including health and social services, and free meals. It also sought to include the parents, including helping the parents complete school, home visits and field trips. In 1978, state funding became available, and the program was extended through third grade and included a full-day kindergarten experience. Eventually, 24 centers provided preschool and after-school

activities, up to second or third grade. This is the period during which the sample analyzed by Reynolds et al. (2001) was enrolled in the program. The preschool program ran three hours per day during the week for the nine months that school was in session, and usually included a six-week summer program. During the kindergarten years, more services were provided at the affiliated school. Teacher-child ratios were 17:2 for the preschool component and 25:2 for the kindergarten. Participation during the primary years was open to any child in the school. Program participants experienced reduced class sizes of 25 rather than 35 or more. Teachers' aides, extra instructional materials, and enrichment activities were also available. Some children continued to participate in CPC through age nine, for a maximum total of six years. 93% of the children were black and 7% were Hispanic.

Lessons From Early Interventions

These and other studies of interventions for children from low-income families find that participants experienced increased achievement test scores, decreased grade retention, decreased time in special education, decreased crime and delinquency and increased high school graduation. The gains vary with quality and age at which the program is started, and there are important differences by the sex of the child.

Programs differ in the measures they use to evaluate the outcomes. As a result, it is hard to compare the programs using a standard basket of benefits. The CPC program had significant effects on high school graduation rates, reductions in special (remedial) education, grade repetition and juvenile arrest (figure 13).

The Perry Preschool Program is the flagship intervention. Children are followed through age 40, with data collected annually from ages 3-11, and again at ages 14, 15, 19, 27 and 40.³⁵ The boost in IQ faded by the time the children were in second grade (see figure 14a), but the

program had substantial effects on educational achievement. Test scores for the treatment group were consistently and significantly higher through age 14, and as were literacy scores at 19 and 27. Participants had higher grades and were more likely to graduate from high school. Substantially less time was spent in special education or in repeating grades, and higher high school graduation rates were achieved by participants (figure 14b). Participants were more likely to be employed³⁶ and to earn more (figure 14c) and they were less dependent on welfare. There was substantially less crime among participants (figure 14d)---both in terms of incidence and severity, a recurrent finding of early intervention programs (recall the evidence summarized in table 5). However, there was no significant difference in grade retention by age 27 between the two groups. Teenage pregnancy was lower, and marriage rates were higher by age 27 for program participants.

The Abecedarian program appears to have had an effect on IQ, but it is concentrated primarily among girls. Figure 15a shows the overall IQ gap between treatments and controls. It is persistent over ages. The Abecedarian program intervenes in the very early years, and it is known that IQ is malleable when children are very young (see e.g., the discussion in Armor, 2003). This message is reinforced by the fact that the IQ boost was not found among children who only experienced the later intervention. Comparable effects are found for reading scores (figure 15b) and math achievement scores (figure 15c). The test score effects persist through age 21, which is the last age analyzed.

There were substantial academic benefits as recorded in figure 15d. Treatment group members participated less in remedial special education at age 15 and repeated fewer grades at all ages. High school graduation and four-year college participation rates were high. Participants were less likely to smoke and had better jobs (see figure 15e).

Table 7 presents estimated costs and benefits of the Perry and Chicago programs with benefits discounted at a 3% rate. All figures are in 2004 dollars. The benefits vary among programs.³⁷ Perry produced some gain to parents in terms of reduced childcare costs, and earnings gains for participants were substantial. The K-12 benefit arises from the increment in student quality and is a reduction in special education costs. This benefit is substantial across all programs. The college/adult category represents the extra tuition paid by students who go to college. Crime represents the reduction in direct costs (incarceration and criminal justice system) as well as damage done to victims. This excludes transfers. Welfare effects are modest. Future Generation (FG) Earnings represents the improvement in the earning of the descendants of the program participants. Smoking and health benefits were not measured in the Perry and Chicago data. For Abecedarian, there were substantial effects, including major differences in smoking rates. CPC documents a decline in child abuse and the costs of treating abused children. The costs of Perry are substantial but per year are about the average cost of expenditure on public school students. CPC per year costs about \$6,796 for the preschool and \$3,428 for the school-age component (in 2004 dollars). The benefit-cost ratios are substantial: nine to one for Perry; eight to one for Chicago CPC. Rolnick and Grunewald (2003) estimate that the annual rate of return for Perry is 4% for participants and 12% for society at large.

Much more research is needed on Perry, CPC, and a wide variety of other early childhood program results. These results need to be put on a common footing to understand better the differences in samples, treatments, and effects. Multivariate analysis of the multiplicity of generally favorable treatment outcomes using methods appropriate for the small samples that are available, needs to be applied. A much more careful analysis of the effects of scaling up the

model programs to the target population, and its effects on costs, has to be undertaken before these estimates can be considered definitive.

The gain from the pilot programs is a lower bound on the potential benefit of intervening in the early years: although the costs are well established, many of the benefits cannot be precisely monetized. For instance, we do not yet know how the children of the participants will respond to the intervention, and neglecting this may understate its effect. A related concern is that the program needs to be scaled appropriately. For instance, if many more children become high school graduates, the market will respond to the increased supply and the wages of high school graduates will not increase as much as might be thought from the estimates based on experimental evidence.³⁸ Extrapolating from old, small, and local programs to large, national one in the future is precarious business---a fact often neglected in the early childhood literature. However, back-of-the-envelope calculations can be improved with more research. We can study how sensitive they are to various assumptions about the facts we do not know. The benefits also appear to be sufficiently substantial so that the actual or potential program may remain cost-effective even after a large reduction in its efficacy.

VII. THE CASE FOR EARLY INTERVENTION

The simple logic of our argument is compelling. U.S. workforce growth in the prime ages is slowing in quantity and declining in quality. Even excluding unskilled immigrants, the educational attainments of recent cohorts of youth are below those of predecessor cohorts. These developments threaten U.S. productivity growth in the coming decades, at exactly the time that the retirement of Baby Boomers will tax the fiscal system. Added to this problem is the continuing problem of crime and its huge social and economic costs. Despite recent declines in

crime rates, the prison population continues to expand, and the costs of crime to the larger society remain staggering. On top of this, schools are struggling to prepare children from disadvantaged environments for the workplace.

Without claiming to offer a single monolithic explanation for the origins of these major social problems, we nonetheless point out the important role played by disadvantaged families in producing less educated and less motivated persons and in producing persons more prone to participate in crime. A large literature establishes that children from disadvantaged homes are less educated and more likely to participate in social pathologies, including crime. In the past forty years or so, the American family has come under stress. Relatively more American children are being raised in the adverse environments that produce less educated and less skilled individuals and persons more likely to commit crime and participate in socially deviant behavior.

American society has traditionally appealed to the schools to remedy what failed families produce. Current policies such as the No Child Left Behind Act are premised on using schools to remedy the consequences of disadvantaged families. Schools can only work with what families give them. Successful schools are those that teach children from successful families.

In addition, the current emphasis in American schools is on test scores, and tests ignore crucial noncognitive components of motivation, persistence and self-control that successful families foster in their children. Both cognitive and noncognitive skills are important for success in school and in life. The enriched early childhood interventions have had their greatest impacts on creating motivation and successful attitudes among participants --- traits usually ignored in discussions of educational policy.

A large body of empirical work at the interface of neuroscience and social science has established that fundamental cognitive and noncognitive skills are produced in the early years of

childhood, long before children start kindergarten. The technology of skill formation developed by economists shows that learning and motivation are dynamic, cumulative processes.³⁹ Skill begets skill; learning begets learning. Early advantages accumulate, just as early disadvantages do. Schooling comes too late in the life cycle of child development to be the main locus of remediation for the disadvantaged and public schools focus only on tested academic knowledge and not the noncognitive behavioral components that are needed for success in life. Schools cannot be expected to duplicate what a successful family gives its children. Parental environments play a crucial part in shaping the lives of children.

Later remediation of early deficits is costly, and often prohibitively so. Remedial schooling, public sector job training programs, and second chance GED programs are largely ineffective at current levels of funding. While these programs can be improved, and do help a few, they are not cost-effective when compared with alternative policies.

Families matter. But most Americans are justifiably reluctant to intervene in the early years and prefer to respect the sanctity of the family. In the past forty years, American society has experimented with voluntary enriched family supplementation programs, which offer children from disadvantaged environments some of the cognitive and emotional stimulation and enrichment given by more advantaged families.

Children who received some of these enriched environments were followed into adulthood. Comparing their social and economic outcomes to those of similar children denied access to these environments by randomization, one finds that the treated children perform better at school, are less likely to drop out of school, and are more likely to graduate high school and to attend college. The treated children are less likely to be teenage mothers and foster a new generation of deprived children. They are less likely to be on welfare and less likely to smoke or

use drugs. Treated students have higher test scores. But a principal benefit of early childhood intervention is in shaping the noncognitive skills - behavior, motivation and self control - that are not considered an important outcome of the schooling curriculum in current policy discussions.

The total rate of return to the Perry preschool program is about 16%. This includes benefits from reduced remediation and reduced crime, as well as the increased earnings of the participant. The return to society is 12%--remarkably higher than the private return of 6% for Perry Participants and the 7% rate of return to schooling for low ability children. All of the children targeted for intervention are of low ability. While much work remains to be done to bolster the case for wide-scale application of these programs to disadvantaged families, the current evidence is powerfully suggestive, if not yet definitive, that large-scale programs will be effective.

It is important to note what we are not saying. We do not claim that all skills and motivations are formed in the early years, nor that schools and firms do not matter in producing effective people. We are also not offering any claims that the early years are the sole determinants of later success, or that persons who are raised in disadvantaged families should be absolved of any guilt when they participate in crime. We are simply arguing that early environments play a large role in shaping later outcomes and that their importance is neglected in current policy. The recent evidence on the technology of human skill formation establishes that enriched early environments need to be followed up by good schooling and workplace learning environments. This complementarity of investments at different ages is an intrinsic feature of the human skill formation process. Enriching the early years will promote the productivity of schools by giving teachers better-quality students. Improving the schools will in turn improve the quality of the workforce.

The available evidence on the technology of skill formation shows the self-productivity of early investment. Figure 12 summarizes our case. At current levels of public support, America under-invests in the early years of its disadvantaged children. Redirecting funds toward the early years, before schools currently operate, is a sound investment in the productivity and safety of American society.

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ABBREVIATIONS

- GED: General Educational Development
- IQ: intelligence quotient
- IALS: International Adult Literacy Survey
- CPC: Child Parent Centers

ENDNOTES

- ¹ Nontraditional families include single-parent families and families where the parents are not married. The evidence summarized below shows that children raised in nontraditional families fare worse in many aspects of social and economic life.

² Ventura and Bachrach (2000), who use data from birth certificates, estimate that nonmarital childbearing is considerably higher than the number reported in this paper. In recent years, their estimate is approximately 10 percentage points higher than what we report here. However, their data does not contain much background information on the mothers, so it is less useful for the type of analysis that we want to perform. Hence we will use the more conservative estimate.

³ See Trennert (1998) on The Phoenix Indian School, and Mayer (1997) on the oscillation of American policy between improving the material condition of the poor family and replacing it with surrogate institutions like orphanages and foster care.

⁴ See Autor and Katz (1999) for a review of the evidence on skill-biased technological change. For international evidence, see Machin and Van Reenan (1998).

⁵ See Figures A1 and A2 in our web appendix. Figures and tables that have a prefix "A" in the numbering are from the web appendix, which is available from <http://jenni.uchicago.edu/Invest/>.

⁶ The GED is an exam-certified, alternative high school degree.

⁷ The share of labor is 0.7 so $0.7 \times 0.5 = 0.35$ is the contribution of workforce quality to economic growth.

⁸ The International Adult Literacy Survey (IALS) was conducted by 13 countries to collect information on adult literacy. In this survey, large samples of adults (ranging from 1,500 to 6,000 per country) were given the same broad test of their literacy skills between 1994 and 1996. The participating countries are Australia, Belgium (Flanders), Canada, Germany, Great Britain, Ireland, Netherlands, Northern Ireland, New Zealand, Poland, Sweden, Switzerland and the United States. More information on the IALS is available in documents located at <http://www.nald.ca/nls/ials/introduc.htm> and IALS (2002).

⁹ Data on these two scales appear in Figures A3a, and A3b on the web. Prose literacy is defined as the knowledge and skills required to understand and use information from texts such as newspaper articles and fictional passages. Quantitative literacy is defined as the ability to perform arithmetic operations, either alone or sequentially, to numbers embedded in printed materials, such as calculating savings from an advertisement or the interest earned on an investment.

¹⁰ These cross-country differences are not driven by illiterate immigrants. While immigrants perform worse on the three tests relative to natives, including immigrants in the analysis only raises the proportion of US females in Level 1 significantly for prose, quantitative and document literacy. The difference is not significant for any other group or level. The calculations are available upon request from the authors.

¹¹ The extra year of school is assumed to take place during high school years. The effect of an extra year of kindergarten or college is likely to be rather different.

¹² Lochner and Moretti use estimates of victim costs and property losses taken from Miller et al. (1996), which are based on jury awards in civil suits. Some costs cannot be quantified accurately or are unobservable. These include costs of precautionary behavior, private security expenditures, some law enforcement and judicial costs (i.e., costs that are not related to dealing with particular crimes) and the cost of drug offenses. Some crimes are also omitted from the analysis.

¹³ Incarceration cost per crime are equal to the incarceration cost per inmate multiplied by incarceration rate for that crime (approximately \$17,000).

¹⁴ It is important to note that this is a steady state calculation. The payoff to pre-K interventions shows up 10-15 years later, whereas the effects of increasing police on crime are more

immediately realized. The discounted returns from the two policies are less different, but a 5:1 gap can tolerate a lot of discounting and still survive.

¹⁵ Lochner and Moretti (2004) actually present a comparison of flow costs (80,000 per year on a police officer) with a one time stock cost (\$600,000 to educate 100 new high school students at a cost of \$6,000 per year assuming that dropouts get 11 years of school. Cameron and Heckman (2001) estimate 10.6 years. Assuming a 40 year working life (including criminal career life) the annual replacement flow cost is \$15,000 a year ($\$6,000 \times 2.5$). Even cutting the career life in half produces a flow cost that is less than hiring a policeman. Spending \$9,000 per year (to account for the 1.5 year gap between high school dropouts and graduates) still makes education cost effective. The evidence from the Perry Preschool Program discussed in Section VI suggests that our calculation is conservative. At a cost of \$9,000 (in 2004 dollars) per participant, the high school graduation rate was raised by .17 from .60. To get 2.5 more students to graduate requires that we spend only \$5300 per pupil. Foregone earnings in high school are small and are offset by the rise.

¹⁶ See Federal Interagency Forum on Child and Family Statistics (2004) for more details.

¹⁷ Ginther and Pollak (2004) summarize the evidence succinctly and present a more nuanced analysis of family types on adverse outcomes.

¹⁸ See Ventura and Bachrach (2000). See figure A5c.

¹⁹ The corresponding birthrate for married women in these three years was 93.2, 83.8 and 87.3.

²⁰ Birthrates by age within race/ethnic groups show essentially the same patten as the overall rated by race/ethnicity.

²¹ See Table A2, where we reproduce her results.

²² Figures A6a-c in the web appendix show the same pattern for other levels of educational attainment like high school graduation and college attendance.

²³ Figures A8a-c in the web appendix show the same pattern for other reproductive outcomes.

²⁴ The test measures age-appropriate math knowledge.

²⁵ Figures A9a-d repeat this analysis for different race and income groups.

²⁶ Figures A10a-d repeat this analysis for different race and income groups.

²⁷ See Figure A11 for a diagram of the investment profile.

²⁸ Table A6, from Currie (2001), describes some of the main programs, evaluated by randomized assignment, and their consequences. Table A7 shows the effects of large-scale public early childhood programs which were not evaluated by randomized assignment.

²⁹ Arguably the experimental studies understate the value of early childhood interventions against a "no intervention" because some of the control group children received treatment. See Heckman, LaLonde and Smith (1999) for an additional discussion of randomization.

³⁰ Poverty status was determined by a formula that considered rooms per person in the child's household, parental schooling and occupational level. The IQ range was labeled as "borderline educable mentally retarded".by the state of Michigan at the time of the experiment. Only children without an organic mental handicap were included in the study.

³¹ Some aspect of the assignment was clearly nonrandom. First, younger children were assigned to the same group as their older siblings. Two treatment children were transferred to the control group because their mothers were not able to participate in any classes or home visits because they were employed far from home. Four treatment children left the program before completing the second year of preschool when their families relocated and one control child died. Thus the final sample consisted of 123 children. The 123 children in the sample came from 100 families.

In the control group, 41 families contributed 1 child each, and 12 families contributed 2 children each. In the treatment group, 39 families contributed 1 child apiece, 6 families contributed 2 children apiece, 1 family contributed 3 and another 4 children. Assigning younger siblings to the same group effectively made the family, rather than the individual, the unit of analysis. Still, it is difficult to argue that assigning siblings at random would have been a better strategy. So-called spillovers to the control siblings from home visits would have been one possible source of bias since mothers cannot be expected to treat siblings in accordance with their experimental status. Another potential source of bias is spillover from one sibling to another. In any case, differences in background characteristics between the two experimental groups are virtually nonexistent, with the exception of much higher rates of maternal employment at program entry in the treatment group.

³² This number is low relative to other early education experiments. For instance, the student-teacher ratio for the Chicago Child-Parent Center and Expansion Program ranged from 8 to 12 (see Fuerst and Fuerst, 1993).

³³ Schweinhart et al. (1993) argue that the certification of the teachers is an important component in the success of the Perry preschool.

³⁴ The factors that were considered consisted of weighted measures of maternal and paternal education levels, family income, absence of the father from the home, poor social or family support for the mother, indication that older siblings has academic problems, the use of welfare, unskilled employment, low parent IQ, family members who sought counseling or support from various community agencies. Parental income and education were considered most important in calculating the index.

³⁵ See Schweinhart et al. (2005) for a summary of results up through age 40.

³⁶ The difference in employment rates was only significant at age 19.

³⁷ There is a cost benefit study of the Abecedarian program (Barnett and Masse, 2002), but it is highly speculative, so that we did not include it here.

³⁸ See Heckman, Lochner and Taber (1998) for evidence on the importance of general equilibrium effects.

³⁹ See, Cunha, Heckman, Lochner and Masterov (2005) for a summary of this evidence.